



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Open Pool Hours Fall / Winter 2011-2012

	Big Pool (Lap Pool)			Small Pool			Aqua Fitness		
MONDAY	MONDAY								
	6:00 am	Lap Swim*	3hrs	6:00 am	Adult Open Swim	2hrs	8:15 am	H2O Fit Small	45min
	9:00 am			8:00 am			9:00 am	H2O Big	45min
	11:00 am	Lap Swim	3hrs	12:00 pm	Adult Open Swim	1hr	9:15 am	H2O Small	45min
	2:00 pm			1:00 pm			1:30 pm	H2O Small	45min
	5:30 pm	Lap Swim	1hr						
	6:30 pm								
TUESDAY	TUESDAY								
	6:00 am	Lap Swim	3hrs	6:00 am	Adult Open Swim	2hrs	8:05 am	Aqua Jog	55min
	9:00 am			8:00 am			2:00 pm	H2O Small	45min
	11:00 am	Lap Swim	3hrs	11:00 am	Adult Open Swim	1hr	5:10 pm	Aqua Jog Small	45min
	2:00 pm			12:00 pm					
	5:30 pm	Lap Swim	1hr						
	6:30 pm								
WEDNESDAY	WEDNESDAY								
	6:00 am	Lap Swim	3hrs	6:00 am	Adult Open Swim	2hrs	6:00 am	Aqua Jog Small	45min
	9:00 am			8:00 am			8:15 am	H2O Small	45min
	11:00 am	Lap Swim	3hrs	12:00 pm	Adult Open Swim	1hr	9:00 am	H2O Big	45min
	2:00 pm			1:00 pm			9:15 am	H2O Small	45min
	5:30 pm	Lap Swim	30min				5:10 pm	Aqua Jog	45min
	6:00 pm	Family Swim	2hrs	6:00 pm	Family Swim	2hrs			
	8:00 pm			8:00 pm					
THURSDAY	THURSDAY								
	6:00 am	Lap Swim	3hrs	6:00 am	Adult Open Swim	2hrs	8:05 am	Aqua Jog	55min
	9:00 am			8:00 am			2:00 pm	H2O Fit	45min
	11:00 am	Lap Swim	3hrs	12:00 pm	Adult Open Swim	1hr	5:10 pm	H2O Fit	45min
	2:00 pm			1:00 pm					
	5:30 pm	Lap Swim	1hr						
	6:30 pm								
FRIDAY	FRIDAY								
	6:00 am	Lap Swim	3hrs	6:00 am	Adult Open Swim	2hrs	8:15 am	H2O Fit Small	45min
	9:00 am			8:00 am			9:00 am	H2O Fit Big	45min
	11:00 am	Lap Swim	3hrs	11:00 am	Adult Open Swim		9:15 am	H2O Fit Small	45min
	2:00 pm			1:00 pm					
	5:30 pm	Lap Swim	30min						
	6:00 pm	Family Swim	2hrs	6:00 pm	Family Swim	2hrs			
	8:00 pm			8:00 pm					
SATURDAY	SATURDAY								
	6:00 am	Lap Swim	3hrs	6:00 am	Adult Open Swim	2hrs			
	9:00 am			8:00 am					
	11:00 am	Lap Swim	3hrs						
	2:00 pm								
	5:00 pm	Lap Swim	30min						
	5:30 pm	Family Swim	2hrs	5:30 pm	Family Swim	2hrs			
	7:30 pm			7:30 pm					
SUNDAY	SUNDAY								
	1:00 pm	Family Swim	2hrs	1:00 pm	Family Swim	2hrs			
	3:00 pm			3:00 pm					
	3:00 pm	Lap Swim	1hr	3:00 pm	Adult Open Swim	1hr			
	4:00 pm			4:00 pm					

* NOTE: ALL Lap Swim times are for Adults and High School Students Only